

Get your Zen back!



Here for you – ReduPause™ ...

- ✓ Easy on-the-go fast melt (no water needed) and always ready to support you when you need it
- ✓ Empowers you to take back control of your daily blood sugar and insulin roller coaster*
- ✓ Brings back the joy in the foods you love*
- ✓ Keeps you balanced and energized*
- ✓ **Be the woman you want to be!**

Reasons to believe

- ✓ Reducose® is 100% plant-based & patented
- ✓ Reducose® is scientifically proven to increase insulin sensitivity² and lower glucose and insulin spikes after eating^{3,4}
- ✓ Lower glucose and insulin levels are associated with fewer and milder hot flashes⁵
- ✓ High insulin and low oestrogen levels trigger menopausal symptoms and cardiometabolic risks¹ – Reducose prevents insulin spikes and may improve metabolic health^{3,4}



For more information, get in touch:
info@phynova.com or visit [Phynova.com](https://www.phynova.com)

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Scientific References

- Jeong and Park. Metabolites, 2022; 12:954
- Liu et al. PLOS ONE, 2016; 11 (4): e0152728
- Thondre et al. Nutr. Metab., 2021; 18:41
- Lown et al. PLOS ONE, 2017; 12 (2): e0172239.
- Huang et al. PLOS ONE, 2017; 12 (4): e0176430
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Did you know?

Menopause, also known as 'The Change', significantly increases the risk of cardiometabolic disorders¹

As oestrogen levels decline the risk for insulin resistance increases¹

High blood glucose and insulin levels are associated with increased frequency and severity of hot flashes¹

It is recommended that women going through menopause actively manage their blood glucose levels¹

Level 'The Change' and Get your Zen back*

