

# Love your food, again



Key ingredient: 250mg Reducose® 5%

## Reasons to believe

- ✓ Reducose® significantly lowers your peak and total post-meal glucose and insulin response by up to 40%\*
- ✓ Reducose® smoothes your blood glucose curves, following a meal, and increases the time spent in the optimal, healthy blood glucose range\*
- ✓ Reducose® works immediately and the effect on your blood glucose response can be seen and measured on a continuous glucose monitor\*
- ✓ Reducose® works on sugars and starch, making a significant portion of them resistant to digestion, just like fibre or resistant starch\*



For more information, get in touch:  
[info@phynova.com](mailto:info@phynova.com) or visit [Phynova.com](http://Phynova.com)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

#### Scientific References

- Gheldof et al. *Nutrients*, 2022; 14: 2674
- Thondre et al. *Nutr. Metab.*, 2021; 18:41
- Wang et al. *Medicine*, 2018; 97: 34 (e11996)
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- Lown et al. *PLOS ONE*, 2017; 12 (2): e0172239
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- Marx et al. *Int. J. Tox.*, 2016; 35 (6): 683-691
- Lown et al. *Trials*, 2015; 16:486

## Here for you - SUGAR-BUDDY...

- ✓ SUGAR-BUDDY reduces the impact of hidden carbs and sugars\*
- ✓ Always by your side, at home or on-the-go
- ✓ Looking to take back control of your health? SUGAR-BUDDY has you covered

## Did you know?

It's more important to minimize your blood sugar spikes after eating than your average blood sugar for overall metabolic health

Preventing large glucose spikes promotes fat metabolism helping you avoid the sugar crash

Eating foods with a high fiber content or resistant starch lowers your blood glucose response to a subsequent meal – the so called second meal effect

**Worry less about hidden sugars and carbs with Reducose® by your side\***

